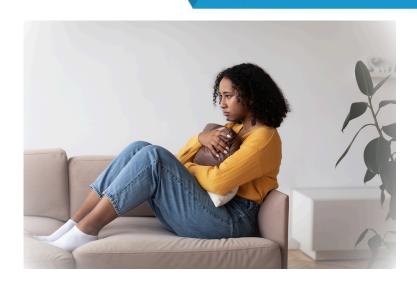


## Introduction to Perinatal Mood Disorders



May 6th, 2025

10:00am-12:00pm
This webinar will be conducted via Zoom
THIS IS A FREE TRAINING

General Certificates of Attendance will be available for this training

NEAR BUILDS

Rachel Chruszczyk is the Southern
Region Prevention Specialist for
Prevent Child Abuse Illinois. She is a
licensed teacher in the state of
Illinois, and has a background in
sexual assault prevention and
domestic violence work. A southern
Illinois resident of 22 years, she is
dedicated to helping provide safe
childhoods for all children

throughout Illinois.

Rachel Chruszczyk, PMH-C

This training explores perinatal mood disorders, their impact on individuals and families, effective prevention, and community care strategies. We will also discuss the link between child maltreatment, domestic violence, and these mood disorders. Learn about early identification, screening tools, and the role of professionals and support networks in fostering resilience in perinatal individuals.

## TO REGISTER:

Click Here!



For more information contact Rachel Chruszczyk at rchruszczyk@pcaillinois.org

