

Introduction to Perinatal Mood Disorders



May 13th, 2024

10:00am-12:00pm This webinar will be conducted via Zoom THIS IS A FREE TRAINING

CEUs have been applied for IL LCPC / LPC, IL LCSW / LSW



Rachel Chruszczyk, B.S.Ed

Rachel Chruszczyk is the Southern Region Prevention Specialist for Prevent Child Abuse Illinois. She is a licensed teacher in the state of Illinois, and has a background in sexual assault prevention and domestic violence work. A southern Illinois resident of 20 years, she is dedicated to helping provide safe childhoods for all children throughout Illinois. This training explores perinatal mood disorders, their impact on individuals and families, effective prevention, and community care strategies. We will also discuss the link between child maltreatment, domestic violence, and these mood disorders. Learn about early identification, screening tools, and the role of professionals and support networks in fostering resilience in perinatal individuals.





For more information contact Rachel Chruszczyk at rchruszczyk@pcaillinois.org



www.preventchildabuseillinois.org