RAISING RESILIENCE



A Community Conversation



FREE EVENT | EVERYONE WELCOME

You're invited to a free screening of Resilience: The Biology of Stress and the Science of Hope—a one-hour film that explains how hard or scary experiences in childhood, called Adverse Childhood Experiences (ACEs), can affect a child's body and brain as they grow. The movie shows how these tough experiences, like abuse, neglect, or living in a stressful home, can lead to health and learning problems later in life. It also shares stories of hope, showing how caring adults, strong relationships, and community support can help kids heal and thrive.

After the film, we'll have a panel of local experts to answer questions and talk about what we can all do to support children and families.

Educators & Clinicians: PDHs and CEUs available!

November 6,

2025

1 pm-4 pm

Marion Cultural and Civic Center

800 Tower Square Plaza-Marion, IL

"Scientific research points to the presence of a stable, caring adult in a child's life as the key to building the skills of resilience."

– Dr. Jack Shonkoff, Harvard University







