



STRENGTHENING FAMILIES SERIES

For more information please email
Rachel at rchruszczczyk@pcaillinois.org

Childhood Neglect Prevention

March 9th, 2026
10:30am-12:00pm

Childhood neglect can impact physical and mental health and lead to long-term problems, so join us as we learn more about this important topic. Participants will learn about the different types of neglect, risk factors and consequences of neglect on children, as well as protective factors and effective prevention strategies.

Poverty: Cycles of Risk

March 16th, 2026
10:30am-12:00pm

Explore the complex intersections between poverty and the risk factors that often accompany it—such as trauma, housing instability, and substance misuse. In this eye-opening training, participants will challenge personal perceptions and examine the root causes and systemic conditions that perpetuate poverty.

Protective Factors: Keeping Families Strong

March 23rd, 2026
10:30am-12:00pm

This training explores the Strengthening Families™ Protective Factors Framework—a research-informed approach to preventing child abuse. Participants learn actionable strategies for building six key factors to promote family well-being. The session includes 2024 updates emphasizing cultural responsiveness, equity, and family voice.

JOIN US FREE ON ZOOM!

RACHEL CHRUSZCZYK

Prevent Child Abuse Illinois

Rachel Chruszczyk, PMH-C, serves as Southern Region Prevention Specialist for Prevent Child Abuse Illinois. A licensed educator with expertise in sexual assault and domestic violence prevention, she is committed to creating safe childhoods throughout Southern Illinois.



How to Register:

Click on the **TITLE** of
each training you are
interested in to
register!